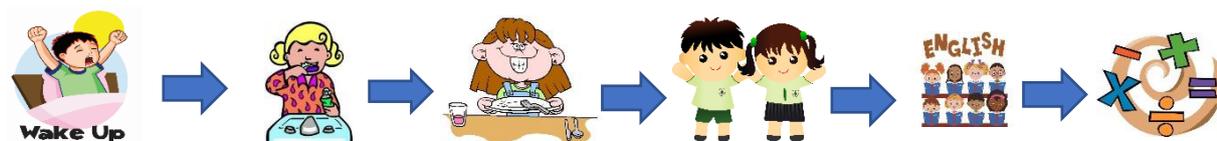


ONLINE LEARNING TIPS

Preparing Your Child for Online Learning



- Use social story to explain what is expected during online learning
- Use contingency map to remind your child to choose to engage in expected behaviors (e.g., active listening and eyes on teachers)
- Use a visual schedule to make your child's day predictable. Provide a schedule with daily routine and the school timetable during school days can be helpful. You may use the calendar to show if it is a school day.



- Have a reinforcement system (e.g., token system) in place to support your child to learn and continue to engage in expected behaviours

Create a Learning Environment

- Set up an environment that he/she can distinguish “school time” (online learning) from “home time”
 - o Ideas:
 - Change to school uniform (or outfit that the child only wears during “school time”)
 - Have the child taking his/ her online classes at the same spot. You may add a visual sign at that spot during “school time”

Helping Your Child to Learn

- If your child struggles with the pace of online learning or it is often challenging for them to stay focus with novel topics
 - o Introduce the basic concepts of the topic ahead of time
 - Read stories/ books about the topic with your child
 - Watch documentaries that are related to the topic
 - Any hands-on activities you can do on the weekend with your child can be helpful (e.g., learning about water cycle -> make ice/ popsicles with your child!)
- During the lesson, provide activities that require your child to actively engaged during the lesson
 - o List out vocabularies related to the topic and have your child crosses out the vocabulary when the teacher mentions it (This is a note jotting skill for young learners and it helps them to become an active listener)
- If it is challenging for your child to stay throughout the lesson, teach him/ her to request for breaks appropriately. When your child requests for a break, let him/her take a short break (30-60s). Limit the number of breaks if necessary.
- After the lesson, ask your child a few questions about the key points of the lesson. You can link this to your reinforcement system to motivate the child to pay attention